



Axis Porto

/ MASSAGES

• Axis Signature Massage 50'

Signature massage, with strong pressure, that works the body without using the fingers, performed exclusively with the forearms and elbows.

65,00€

• Deep Tissue 60' / 90'

It deeply treats the muscles freeing them from pain points, truly relieving tension providing better flexibility and mobility.

75,00€

85,00€

• Abhyanga Shareera 60' / 90'

Full body massage, free and continuous movements, deeply relaxing.

75,00€

85,00€

• Muka Abhyanga 30'

The scalp and face massage is performed with soft, subtle and extremely relaxing techniques.

45,00€

• Griiva Skanda 30'

Massage located on the back and neck, quickly and effectively releasing all tension and stress, promoting well being.

45,00€

• Tired Legs 30'

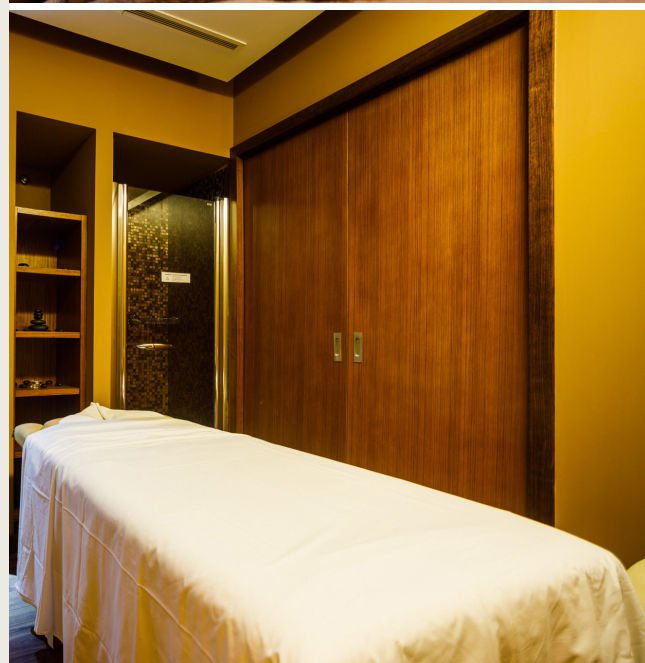
Freshness and lightness that instantly eliminates the feeling of bloating and heaviness, minimizing the unpleasant feeling of numb muscles.

45,00€

• Pada Abhyanga 30'

The feet are important parts of our body and therefore they must be pampered. Its subtle techniques bring benefits to the body, mind and spirit.

45,00€





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/ BODY AND FACE TREATMENTS

• **Body Scrub 30'**

Gentle scrub performed throughout the body, to remove dead skin cells. This treatment ends with a quick body hydration to leave the skin smooth and velvety.

45,00€

• **Body Ritual 50'** (Choose: Thighs or Abdomen)

It is a manual treatment done with a strong pressure, where the emphasis is placed on the body areas with more accumulated fats, thighs or abdomen, in order to trigger their disappearance to enhance the shapes.

55,00€

• **Facial Ritual Deep Moisturizer 50'**

Deep skin cleansing is essential to remove oil, sweat, dead cells, along with environmental pollution so that you can have a fresh, purified and moisturized skin.

55,00€

/ PROGRAM

• **Half Day SPA 200'**

Let yourself be taken by the imaginary in this complete Body and Face program.

Body Scrub, Relaxing Massage and Facial Ritual, a program where the result is a fresh, purified, radiant skin with a new life.

120,00€

*All services include access to the Thermal Zone (dynamic pool + sauna + hammam + sensations shower). Buy our massage / treatment / access packs and benefit from exclusive discounts. Menu subject to change without notice.

