



# Menu SPA

# SPA

## Opening Hours:

- *Monday to Friday – 2:00 pm to 8:00 pm*
- *Saturday and Sunday – 10:00 am to 8:00 pm*
- *High Season (Summer) - Monday to Sunday – 10:00 am to 8:00 pm*

## Children's Conditions:

- *Children under the age of 4 are not allowed in the SPA.*
- *Between 4 and 16 years old, they can only use the swimming pool, under the supervision of an adult and the use of the Sauna and the Turkish Bath is not allowed.*

## Dress Code:

- *In the SPA facilities, all clients must obligatorily use:*
- *Swimwear + \*Swimming cap + \*Pool slippers*
  - § *\*Can be purchased at the Spa at an additional cost.*
- *It is not allowed to use shoes with traces of having been used outside, due to transporting impurities into the SPA.*
- *It is not recommended to use personal accessories (earrings, necklaces, bracelets, watches, etc.) in the SPA, and keep them in your room or locker.*
- *The SPA has changing rooms with lockers and the respective keys.*
- *The SPA is not responsible for any damage, loss or theft of personal objects used, stored or forgotten outside the lockers.*

## Terms of Use:

- *It is forbidden throughout the SPA: cell phones, music, smoking, eating, drinking, running, jumping, diving, balls, toys and floats.*

*A shower is mandatory before the Treatments and the use of the Water Circuit.*

*Customers must use a calm tone of voice throughout the SPA, in order to not disturb the normal functioning.*

*Customers must respect the existing safety standards, as well as the indications indicated for the use of equipment.*

## Conduct Policy:

- *The SPA Management reserves the right to interrupt and/or refuse the continuation of the contracted service (treatments and/or use of the water circuit) to any client who is disturbing the normal functioning of the space, or in cases of misconduct (harassment sexual, verbal or non-verbal). In these situations, the employee will report the situation immediately and will be charged in full the value of the service initially contracted and the loss thereof.*

# SPA

## **Health Issues:**

- *Some health cases may require greater attention or adaptation of some treatments, or even make it impossible to carry them out.*
- *When booking and/or purchasing treatments and/or water circuits, we ask all customers to inform us about relevant health situations regarding those who are going to use them. (Ex: allergies, diabetes, pregnancy, oncological diseases, recent operations, neurological, respiratory, circulatory, muscular, skeletal problems (including joints and spine), etc.)*
- *We do not carry out treatments of any kind in the following situations:*
  - *Pregnant women in the first trimester (up to the 13th week inclusive) or in the last trimester (after the 27th week inclusive) of pregnancy.*
  - *Oncological diseases, chemotherapy or radiotherapy in the last 5 years.*
- *All information provided regarding the physical condition of our clients is completely confidential and will be treated with the utmost discretion.*

## **Booking Policy:**

- *All services must be booked in advance and always subject to availability of therapists and schedule.*
- *In any booking at the SPA (Treatments or Water Circuit), customers must always show up at least 15 minutes in advance. Delays will imply a proportional reduction of the contracted service time.*
- *The contracted services will only be carried out after payment has been made in full.*
- *If you want a tax number on your invoice, you must inform us in advance or ask for it before making the payment.*

## **Cancellations Policy:**

- *Must be made at least 24 hours in advance.*
- *On the same day: 50% of the value of the pre-booked service(s) will be charged.*
- *No-show: 100% of the value of the pre-booked service(s) will be charged and will result in the loss of the program.*

## **Change of Conditions:**

- *The SPA reserves the right to change the rules and rates without prior notice, committing itself to publicize the changes made in the respective means of support available.*

# Price List

- **Water Circuit includes (unsupervised space):**
  - *Sauna - Temperature: 140-167°F / 60-75°C*
  - *Turkish Bath - Temperature: 104-113°F / 40-45°C*
  - *Thermodynamic Indoor Pool - Temperature: 86°F / 30°C*
  - *Length: 21,98 ft / 6,7 m | Width: 15,42 ft / 4,7 m | Depth: 3,81 ft / 1,16 m*
- **External Clients to the Hotel**
  - *All year except: weekends and long weekends*
  - *Booking required and just the right hours (Ex: 10am; 11am; 12pm...)*
    - *25.00€ / Person / Child (up to 2H)*
    - *SPA Kit included (robe, slippers and towel) - except out of stock*
- **Pack of 5 tickets (access frequency for one person only)**
  - *Valid for 1 month after issue date*
  - *50.00€ / Person / Child (up to 1H)*
  - *1 towel per ticket included*
- **Access for Hotel Guests**
  - *Booking required and just the right hours (Ex: 10am; 11am; 12pm...)*
  - *5.00€ / Person / Child / (up to 1H)*
  - *1 towel included*
- **Purchase of Swimming Cap (mandatory use)**
  - *5.00€ / Each*
- **Purchase of Pool Slippers (mandatory use)**
  - *5.00€ / Each*
- **Bathrobe Rental (optional) - except out of stock**
  - *5.00€ / Each*
  - *You can use it throughout your stay*
  - *In case of loss, a fee of 20.00€ will be charged*
- **The purchase of each of our treatments includes (for those who enjoy it):**
  - *1 SPA Kit (robe, towel and slippers) - except out of stock*
  - *1 free hour on the Water Circuit*
    - *Booking required and just the right hours (Ex: 10am; 11am; 12pm...)*
- **Treatment Packs:**
  - *5 treatments (of the same type and valid only for the Therapy Menu): with 10% discount*
  - *10 treatments (of the same type and valid only for the Therapy Menu): with 20% discount*
- **Vouchers:**
  - *If you wish to offer any of our services to a loved one, please contact us.*

# Massages

## Full Body

### Axis Signature Massage (50 min)

*Signature massage, with strong pressure, that works the body without using the fingers, performed exclusively with the forearms and elbows.*

75€

### Deep Tissue (75 min)

*It deeply treats the muscles freeing them from pain points, truly relieving tension and providing better flexibility and mobility.*

95€

### Abhyanga Shareera (60 min | 90 min)

*Full body massage, with free and continuous movements, deeply relaxing.*

85€  
95€

### Miminhos (25 min)

*For children from 5 to 12 years old*

*Massage for the youngest in order to relax the body, reduce anxiety and provide greater tranquility in sleep.*

35€

# Massages

## Localized

### **Muka Abhyanga** (30 min)

*The scalp and face massage is performed using soft, subtle and extremely relaxing techniques.*

55€

### **Griiva Skanda** (30 min)

*Localized massage on the back and neck, quickly and effectively releasing all tension, stress and promoting well-being.*

55€

### **Tired Legs** (30 min)

*Freshness and lightness that instantly eliminates the feeling of swelling and heaviness, minimizing the unpleasant sensation of numb muscles.*

55€

### **Pada Abhyanga** (30 min)

*Feet are important parts of our body and therefore must be pampered. Its subtle techniques bring benefits to the body, mind and spirit.*

55€

# Treatments

## Body and Face

### Body Scrub (30 min)

*Gentle exfoliation performed over the entire body to remove dead skin cells. This treatment ends with a quick body hydration to leave the skin smooth and velvety.*

55€

### Body Ritual (50 min)

*(Choose: thighs or abdomen)*

*It is a manual treatment carried out with strong pressure, where the emphasis is placed on the body areas with the most accumulated fat, thighs or abdomen, in order to trigger their disappearance to enhance the shapes.*

65€

### Deep Moisturizing Facial Ritual (50 min)

*A deep skin cleansing is essential to remove oil, sweat, dead cells, along with environmental pollution so you can have fresh, purified and hydrated skin.*

65€

# Program SPA

## Half Day SPA (140 min)

### Purity, Relaxation and Hydration

*Body Scrub 30' + Relaxing Massage 60' + Facial Ritual 50'*

*Let yourself be carried away by your imagination, we'll take care of you, in this complete Body and Face Ritual. The body scrub with a mineral complex based on sea salts and essential oils leaves the skin purified and receptive. The body is pampered with a massage with precious sweet almond oil, relaxing and extremely moisturizing. The face with a complete treatment according to your skin. The result is skin that is radiant, fresh and like new life.*

150€