



# MENU

## MASSAGES AND BEAUTY



Axis Porto

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# Full Body Massages

## Axis Signature Massage 50'

Signature massage, with strong pressure, that works the body without using the fingers, performed exclusively with the forearms and elbows.

70€

## Deep Tissue 75'

It deeply treats the muscles freeing them from pain points, truly relieving tension providing better flexibility and mobility.

85€

## Abhyanga Shareera 60'/ 90'

Full body massage, free and continuous movements, deeply relaxing.

80€  
90€

# Localized Massage

## Muka Abhyanga 30'

The scalp and face massage is performed with soft, subtle and extremely relaxing techniques.

50€

## Griiva Skanda 30'

Massage located on the back and neck, quickly and effectively releasing all tension and stress, promoting wellbeing.

50€

## Tired Legs 30'

Freshness and lightness that instantly eliminates the feeling of bloating and heaviness, minimizing the unpleasant feeling of numb muscles.

50€

## Pada Abhyanga 30'

The feet are important parts of our body and therefore they must be pampered. Its subtle techniques bring benefits to the body, mind and spirit.

50€



# Face and Body Treatments

## Body Scrub 30'

Gentle scrub performed throughout the body, to remove dead skin cells. This treatment ends with a quick body hydration to leave the skin smooth and velvety.

50€

## Body Ritual 50'

It is a manual treatment done with a strong pressure, where the emphasis is placed on the body areas with more accumulated fats, thighs or abdomen, in order to trigger their disappearance to enhance the shapes.

60€

## Facial Ritual Deep Moisturizer 50'

Deep skin cleansing is essential to remove oil, sweat, dead cells, along with environmental pollution so that you can have a fresh, purified and moisturized skin.

60€

# Program

## Half Day SPA 140'

Body Scrub 30', Relaxing Massage 60' and Facial Ritual 50'.

Let yourself be taken by the imaginary in this complete Body and Face program, a program where the result is a fresh, purified, radiant skin with a new life.

140€



# Manicure

## Simple

Removal of cuticles, exfoliation of the hand, a light massage with moisturizing cream, filing and painting the nails with normal varnish.

20€

## Gel Varnish

Simple manicure with gel varnish painting of the nails, thus offering a little more durability to the nail makeup.

25€

## Nail reinforcement (Gelinho)

Simple manicure, with application of a thin layer of gel, promoting strength and durability of nails.

30€

## Maintenance of Gel Nails

It consists of removing the previous colour, a simple manicure and gel reconstruction of the nails.

35€

## Gel Nails Application

Simple manicure with or without extension, and gel nail construction promoting nail strength and durability.

50€



# Pedicure

## Express

Removing cuticles, filing and painting nails with normal nail polish.

30€

## Simple

Removing cuticles, scrub the feet, moisturizing, filing and painting the nails with normal nail polish.

40€

## Gel Varnish

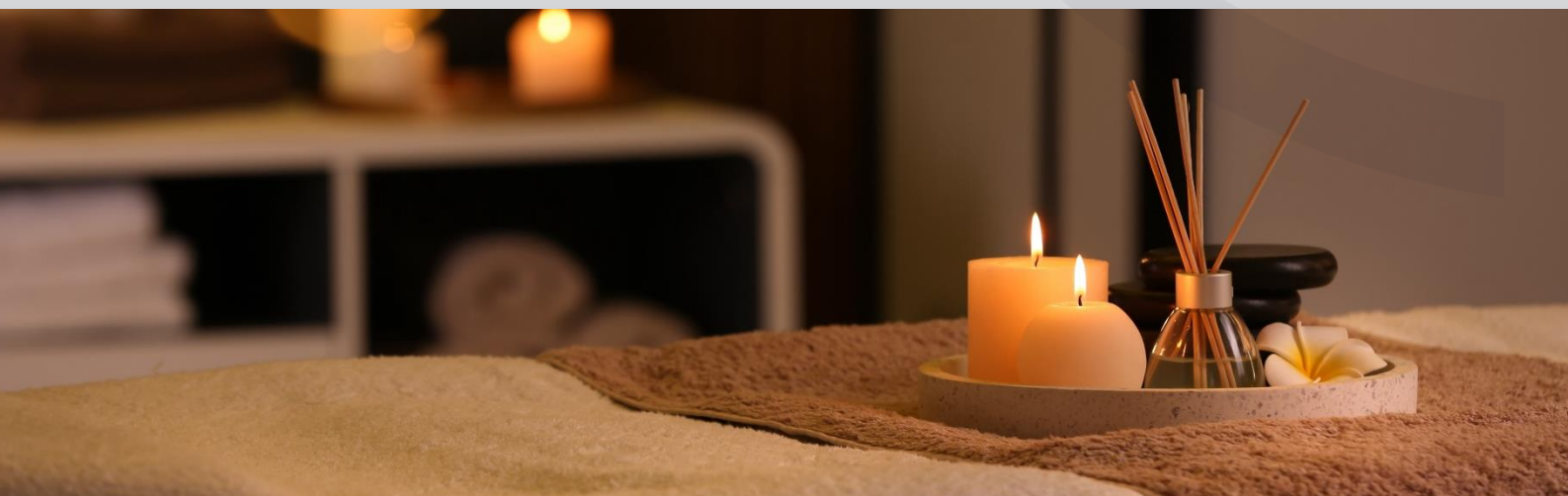
Remove the cuticle, liquesce, paint the nail with gel varnish and moisturizing cream.

50€

## Paraffin

The moisturizing properties of paraffin help to smooth and improve the skin of the feet, especially in hardened and callused áreas.

55€



# Make-Up

## Simple Makeup

It is a type of make-up to be used during the day, something light and made with resistant products for the hottest temperatures. Ideal for different appointments and for those who want a make-up for the day with a little colour, but discreet.

35€

## Festive Makeup

It's a kind of makeup to wear at night. This type varies according to the environment in which it will be used. More geared towards parties/events. Considered a little exuberant, using sparkles, more defined contours and lighting the high points of the face.

45€

## Makeup Characterization

Ideal for themed parties (Carnival, Halloween, etc.). This style is a form of expression among the plastic arts, which consists of applying make-up, cosmetic and prosthetic products to the face and body (or part of it), in order to produce certain visual effects.

70€

# Programs

## Manipedi

Simple Manicure Paraffin + Simple Pedicure Paraffin.

Come and enjoy this Beauty Pack made especially for you, combining the beautification of your hands as well as the treatment and deep hydration with the liquid paraffin of your feet, providing you with a feeling of lightness and wellbeing.

75€

## Beauty

Mini Facial + Makeup (Simple or Festive).

Boost your self-confidence and feel even more attractive with a facial and a professional makeup. All the details are thought out in detail with you and your beauty in mind. Come and feel special!

100€

\*To perform any service, advance booking is required.

\*All services include access to the Thermal Zone (thermodynamic pool + sauna + turkish bath).

\*Buy our massage/treatment/access packs and benefit from exclusive discounts (except promotions and programs).

\*Menu subject to change without notice.